

Rice pudding with Cranberry Sauce for 2 ppl (Davita) Made with Splenda Sugar Blend Serving Size: 3/4c

1c Unsweetened Almond Milk 1/3c Instant white rice 2 TBSP Splenda Sugar Blend 1 Egg 1/3 tsp vanilla extract2 raw almonds1/8c Whole Berrycranberry sauce1/8 tsp Ground Cinnamon

Instructions:

- 1. In a medium saucepan combine almond milk, rice and sugar. Bring mixture to a boil over medium high heat. Stir constantly. Reduce heat to low and simmer for 6 minutes. Remove from heat.
- 2. In a small bowl, whisk eggs and vanilla together. Stir a small amount of the hot almond milk and rice mixture into the eggs, to temper them and keep them from curdling.
- 3. Slowly add mixture into hot almond milk mixture, stirring constantly.
- 4. Bring saucepan back on low heat. Stir and cook until thickened, about 1 minute. Do not boil.
- 5. Remove saucepan from heat and let stand for 30 minutes.
- 6. To serve, place 1 almond in the bottom of each bowl. Spoon 1/2 rice pudding into serving bowls.
- 7. Place ½ of the cranberry sauce on top of rice pudding. Dust the top of the pudding with cinnamon. Serve and enjoy.